

Run: 1847
Date: 30-10-23
Hare: ADD
Venue: Park Beach

A.D.D set a well marked run around the Park Beach area. for the 14 runners 🥰 walkers 🚶 that attended the Halloween run. Special mention to Thor(check the photos) for a fantastic effort in dress and make-up. 🧛



The run was approximately 4&1/2 to 5 km, and not too strenuous with only 2 small hills and a drink stop at the 3/4 mark. The run was scored a +4. Nosh was Fish fillets crumbed or battered cooked on the BBQ with assorted salads, grain

bread and rolls. Darcy once again used his magic, conjuring the BBQ lights to come on at just the right Time. 🤔 🧙 ⚡ 🌟 🌟 💡 💡 💡

Circle called and we were allowed to sit.!!!

CHARGES:

Darcy acting RA charged Thor, Lifer, Rear Ender, On Heat and Grey Rooter for short cutting. Thor charged Darcy for not helping around the home, just because he has one Hand bandaged to the Elbow really isn't good enough. ADD had a hat on in the circle(being part of the outfit doesn't count) and Mim for being a returning virgin runner 2 weeks in a row. We usually scare them off the first time.

AWARDS:

Only 2 this weekDick Head of the week to Metro Just Because 😄

And Simon received the Stirrers Spoon 🤔 🥄

PB..

JFI is suffering the dreaded COVID again , get better soon the Invitation weekend is coming.

GB...

Our Invitation weekend is almost upon us and all prep is looking great. The committee and subcommittees have things well in hand.runs to be discussed at a committee meeting on thursday at Dangles and ADD's place 8.30am.

SUBS FOR 2024 \$25 are NOW DUE and can be paid to Dangles.


We are missing many of our weekly AWARDS, Kevin Bacon, Squawking Chook, Pepper and Salt Dicks, Short Cutters, Dick Necklace and so on.... can you please check your cupboards and wardrobe floor for them.

Blokes Only is Wednesday night, Venue has changed. Now at DANGLES house, 4/34 Karuah Ave, Coffs.

Next weeks run at Thor and Darcy's 72 Aubrey Cres Coffs

Friday Lunch: " Wins" in Moonee st near Mr Dengs

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