

raywhipps@hotmail.com

From: Ray Whipps <rayv
Sent: Thursday, 4 Augu:
Subject: CH4 run notes



Run: 1782
Date: 1/08/22
Hare: Metro
Venue: Foreshores



Notes for Metro's run at the newly renamed Shelter.....

12 plus fine-tuned athletes line up for metro's run, he sent all along the left side of the road with no regard to their safety...shame Metro.

Up the hill with an false Trail and several checks, on-on to a drink stop for Stones and dry or port, then on home to nosh and circle.



Nosh was gourmet sausages and onions
Followed by Chocy ice-creams for dessert.



Everyone showered Metro with well-deserved awards, including SOW....

Welcome to our visiting runners.....CL and Sunshine 🐾🐾

Don't forget get your ticket for Wauchope Friday lunch...see you at the train station.
next weeks run is Quickette at 4/58 Mildura St...Back entrance.

Only 5 spots need filling for the rest of the year so check website and email Pharlap.

On On 🐾🐾

Pharlap

Web: www.coffshash.com.au

Email: coffshash@gmail.com