

Bedpans Run 25/10/21...

19 true athletes.. Well almost athletes and maybe those that are not too sure if they're anything like an athlete (and they're not), arrived at Bedpans abode after an afternoon shower in Toormina.

By all reports, nosh was very good, plentiful, and too spicy for some.

Circle call by the stand-in RA Darcy, as Slippery called in requesting FACS leave (Family and Community Services) to go visit her mother in Port.

Shit of the Week

- No Shit of the week this week even though there could have been a few contenders.

Downs

- Down to the hare Bedpan for setting a 7km run through the streets and scrub of Toomie with asphalt, mud and water but nobody completed the entire run because they are all short cutting bastards and didn't want to take their lives into their own hands – Bedpan should not have told them.
- Down to Hairy for thinking that she was some kind of Cinderella and wearing special golden slippers to Hash.
- Another down to Hairy for thinking that she had walked 100 miles, when in fact she had walked 1000 miles just like in the song
- Down for Flaps and Nibbles for participating in idle chit chat whilst the RA had the floor.
- Flaps had another down but the hare was too busy talking – Maybe about his face lift surgery??
- Another down for Nibbles for giving Bedpan the shits earlier in the week.

Returning Runners

- Downs consumed to several returning runners. Special mention to our dear Watery Port who was able to walk to Hash, then get a lift home. It was the flavour of the night as Quickie did the same.

Awards

Only one award present which was presented to Hairy the "Exercise Block" for walking more that she think she did

After all the downers came the **Real Business**.

General

- There wasn't really any

Personal

- Watery Port advised that Weary Arse's health had declined with him needing to go into permanent care. Watery said that Weary would have love to have been at Hash with us all.
- Phar Lap out of hospital (that was Mondays old news, he is back in again)
- Bedpan advised that her and Nibbles were a little closer to moving south to Forster mid 2022.

Closing

- Next week run @ Hot Property's
- Friday lunch – Mr Dangs .

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