

Apologies from Bedpan for the late notes – Wrote them @ work on nightshift, sent them to my home email and then forgot all about them

Bedpan Run 19/07/21

22, top of their form athletes attended this week's run, eager to see what Bedpan had installed for them. With the dreaded plague and rules of not allowing more than 5 visitors or aliens at your home, the run was set from a cold Boambee Beach Reserve out in the open in the dark, as the robbing bast*rds wouldn't allow us to use a shelter – Luckily Bedpan has access to lights.

Hot "canned" soup that was on special at Woolies, tarted up with herbs, spices and soup mix from the cupboard, when down very well, so well that Dangles and ADD who attended a friend's abode for an alcohol beverage or two, strolled in late and missed out.

Circle was held in between courses, awaiting the pizza boy "Nibbles" to arrive.

All agreed it was a well-marked easy run / stroll and Bedpan was given a down for her efforts.

SOW awarded to Flaps for talking in the circle

Downs to several Hashers who had been misbehaving (sorry guys I had permission to leave the circle to get the pizzas from the delivery boy Nibbles, hence don't know who got what)

Awards presented from hasher to hashers (sorry guys, again still out of the circle organising pizzas)

General Business

Christmas in July is still happening this coming Saturday, leaving on the dot @ 0800hrs from Ann Street, parking available off the street at North Coast Engines. Don't forget your \$10 present.

A down to Bronco for losing a small bag of money as we were packing up – It was found safe in his Hash bag that he forgot he had.

Hash Lunch

Creasians Restaurant @ 1230 Friday

Next Week's Run – Hosted by Flaps

Park Beach Reserve on the corner of Ocean Pde and Surf Club Road (at the back of the Surf Club).