

### Tin Can event 15/03/2021

Nine Ch4 athletes arrived at the shelter at the Jetty foreshores for the Tin can event. Because of inclement weather it was decided not to jump into the icy waters and swim back to shore from the jetty. Everyone was bitterly disappointed....😞 A thong throwing competition was organised and Alky won this by chucking her thong out of sight. 🤞 Athletes lined up for their customary Sardines, smoked oysters and baked beans, then a walk followed along the path and onto the beach where everybody sprinted along the beach for home..(Hairy complained there was a river to cross after leaving the beach) After everybody had recovered from the sprint home we got stuck into gourmet Pizzas.

A circle was called by Pharlap...First downs went to Pharlap as the hare and Pharlap and Hairy for their birthdays. After much deliberation by the power to be it was decided that Alky would receive the Tin Can Award for this year for her awesome thong throwing, the crowd all agreed. Dangles stood in as the downs master and made a great mixture of sars and ? and ? for the downs. Thunderbox and Bolt Arse downed as returning runners, ADD and Handy downed for something and JFI for going back to K.I. again.

Next weeks run is Comes n Goes at 6 Perry Drive Coffs Harbour.

Friday lunch is at the Coffs Hotel at 12:30pm

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Pharlap