

Run 1706.  Thor's Run.  8/2/21


On an overcast evening 15 truly wonderful athletes rolled up to Thor's abode, ready for the hills and valleys of south Coffs. Darcy assured the runners that it would not rain and true to his word it didn't, until the circle had finished, well done Darcy.



All 15 athletes took to the trail, well you know that's a lie, however they took off up the hill, you know the one, it leaves heartbreak hill for dead and then it went all over the place, apparently. Lifer, BJ, Slippery, ADD, and myself did a flatter walk and just made it back before the other runners. Dangles bought back some very spicy chips from the drink stop at Bronco's.



As usual Thor outdid herself with a scrumptious repast, starters, sausage roll and prawn dumplings, followed by two types of lasagna plus zucchini tart and another one which I don't know what it was called, however I can attest that they were all yummy. Darcy will be eating leftovers for weeks.

Slippery called the circle to order, thought she was back at school as we were all sitting in rows.

 SOW to Darcy, it was a toss up between him and Bronco



 Darcy got a lot of downs from various Hashers but I can't remember what for (old timers)



 Grey Rooter to Rear Ender and On Heat for going up a one way street the wrong way, but in my defence I'd already been around the 19k block once and I wasn't going to do it again, Brisbane roads are very confusing 

 Cums n Goes for being too young and inferring the rest of us were old, really how rude 

 . Returning runners- we didn't have any

 Awards

 it was noted that Hairy had them all and she was absent 

 Forrest found one - the nuts and bolts and gave it to Lifer, as she will have lots of nuts and bolts soon 

 Personal Business

 BJ and Add getting a new boss

 Lifer getting new knee

 Slippery and Bronco going away

 Thor and Darcy going to Red C on Sunday about 2 if you'd like to join them

👣👣👣👣👣 Next weeks run is from the Coffs Pub at 6:30, it's a Committee Run so \$10 will go towards your meal. There will be a run, dress up if you wish, something pink or red for valentines

🍱🍲🥗 Friday lunch at the Red C, old fishing club at 12:30

Since I did this from memory and we know what that's like 😞 if I've forgotten something, tell me next Monday 😊

Stay safe and calm

On on

On Heat 😞